News From The States REPRODUCTIVE RIGHTS TODAY

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Of the more than 1 million Americans who had abortions last year, 63% terminated their pregnancies using medication, according to new data. The nation also saw the most abortions since 2012.

(Anna Moneymaker/Getty Images)

Researchers found that 63% of all abortions provided in the U.S. last year were medication abortions.

There were an estimated **1,026,690 abortions** — the most in over a decade — performed in the formal health care system in 2023, according to a <u>report</u> released Tuesday by the Guttmacher Institute, a reproductive health research organization.

The data provides a quantitative look at abortion care the first full year after the U.S. Supreme Court's Dobbs v. Jackson Women's Health Organization ruling in June 2022.

Medication abortions increased by 10% from 2020 to 2023. About 642,700 medication abortions were provided in the country last year, the data shows.

"Improved access to medication abortion is a positive development, but it is not a panacea," said Rachel Jones, Guttmacher principal research scientist, in a news release. "As abortion restrictions proliferate post-Dobbs, medication abortion may be the most viable option — or the only option — for some people, even if they would have preferred in-person procedural care."

The findings were published one week before the U.S. Supreme Court is set to hear arguments in a <u>pivotal lawsuit</u> that could severely limit access to medication abortion.

Alliance for Hippocratic Medicine, an anti-abortion rights group, and other doctors who oppose abortion are asking the court to <u>restrict</u> access to mifepristone, one of two drugs used to terminate pregnancies. The Biden administration is urging the justices to <u>maintain</u> the U.S. **Food and Drug Administration**'s current regulations on mifepristone.

"As our latest data emphasize, more than three out of five abortion patients in the United States use medication abortion," said Amy Friedrich-Karnik, Guttmacher's director of federal policy.

"Reinstating outdated and medically unnecessary restrictions on the provision of mifepristone would negatively impact people's lives and decrease abortion access across the country," Friedrich-Karnik said.

Most states without near-total bans saw upticks in abortions.

Despite the patchwork of abortion laws in the nation — <u>14 states have near-total bans</u>, while Arizona, Florida, Georgia, Nebraska, the Carolinas and Utah restrict abortion after 18 weeks' gestation or earlier — **Americans terminated pregnancies at the highest number and rate seen in a decade**, according to a <u>policy analysis</u> by Isaac Maddow-Zimet, a data scientist, and Candace Gibson, director of state policy at Guttmacher.

The rate was 15.7 abortions per 1,000 women of reproductive age last year. **Over 160,000 people traveled out of state in 2023 to seek abortion care**, the report stated.

According to Maddow-Zimet and Gibson, several factors likely contributed to the increase in abortions last year, including the rise of **telehealth**, financial support from abortion funds and <u>shield laws</u> in 22 states and Washington, D.C. that protect providers and patients from out-of-state investigations concerning reproductive health.

"This increase in abortions does not diminish the impact of Dobbs on people's lives," Maddow-Zimet and Gibson wrote. "Instead, the data provide important evidence that people will continue to seek abortion care in spite of the policy barriers that anti-abortion policymakers impose."

States that share borders with states that enacted bans post-Dobbs saw a 37% increase in abortions between 2020 and 2023. **Illinois** had the highest total surge with 38,010 more abortions than in 2020, a 72% increase over three years. **New Mexico** (15,090 more

abortions, 257% increase) **Virginia** (14,190 more abortions, 76% increase) and **North Carolina** (12,970 more abortions, 41% increase) followed suit.

The Guttmacher Institute classified the following states as border states in the current abortion policy landscape: Colorado, Florida, Georgia, Iowa, Illinois, Kansas, Michigan, Minnesota, North Carolina, New Mexico, Ohio, South Carolina and Virginia.

Almost every state without a near-total ban saw increases in abortion. But Arizona, Georgia, Indiana and Wisconsin all saw declines. Arizona has a 15-week ban, Georgia has a six-week ban, while near-total bans were in effect in Indiana and Wisconsin at certain periods in 2023.

THE BEAT States Newsroom coverage

Feds approve Utah's request for postpartum Medicaid expansion



Utah is extending its postpartum Medicaid and CHIP coverage to 12 months in an effort to address rising maternal mortality rates.

(John Moore/Getty Images)

Utah families will now have access to Medicaid and Children's Health Insurance (CHIP) postpartum coverage for 12 months, up from six weeks. **About 4,000 women will have access to the coverage**, <u>Utah News Dispatch</u> reported. "At least one-third of maternal deaths occur in the postpartum period," a spokesperson for the state Department of Health and Human Services said in a statement. "We are thrilled to be able to provide this support and resource for new mothers."

Most states have expanded Medicaid for new mothers from two months to a year.

<u>Arkansas</u> and <u>Idaho</u> have not extended coverage. Arkansas' Republican Gov. Sarah Huckabee Sanders recently said expansion was unnecessary while unveiling a maternal health plan to improve birth outcomes. An Idaho <u>bill</u> that would expand coverage is advancing in the House.

Nevada is waiting on the Centers for Medicare & Medicaid Services to implement the policy, and similar legislation is pending in Lowa. Wisconsin applied for a waiver in 2021 to lengthen coverage from 60 days to 90 days, but federal officials have not approved it yet. Democratic Gov. Tony Evers and reproductive rights advocates are urging Republicans to expand postpartum Medicaid to a year, according to Wisconsin Examiner.

IVF treatments inaccessible to Americans with low income

One round of in vitro fertilization is roughly \$20,000, a price that can be prohibitive for many Americans, KFF Health News reported. Twenty-one states require insurers to cover fertility treatments, according to Stateline, but Illinois and New York are the only states that cover some procedures for Medicaid patients. "In American health care, they don't want the poor people to reproduce," said Mary Delgado, a New Yorker who sought IVF after receiving an endometriosis diagnosis. Delgado and her partner had to travel more than 300 miles round trip from New York City to upstate New York for IVF, where a clinic offered less-expensive services and in-house financing.

The cost of her treatments — an IVF cycle, medications, egg retrieval, genetic testing and egg transfer — was **\$14,000**. They paid half of the bill with cash they were saving to buy a home and financed the rest through the clinic. Delgado got pregnant quickly and gave birth to a daughter. She told KFF Health News that she doesn't resent people who have more resources or better insurance, but she wishes infertility procedures were more equitable.

THE PULL Commentary from Tennessee

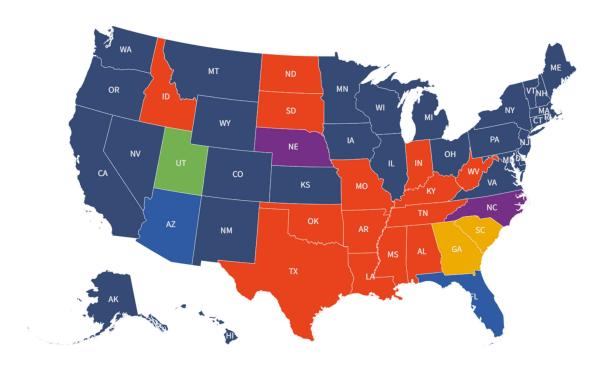
"Although most forms of birth control prevent ovulation and/or fertilization from happening, some do impair implantation of the fertilized egg. That's not an abortion if you define pregnancy in the medically appropriate way — as implantation — but it might become one under a poorly written law — like Tennessee's — that equates fertilization with pregnancy." — Bruce Barry, columnist, Tennessee Lookout

THE PULSE Reproductive rights news across the country

 Connecticut lawmakers are weighing a proposed abortion rights constitutional amendment. (NBC Connecticut)

- Anti-abortion rights activists in South Carolina are lobbying for a near-total abortion ban in the state, which already has a six-week ban in place. (Charleston Post and Courier)
- In Washington, D.C., and 19 states where abortion is legal, Medicaid coverage is still banned for most abortions. (KFF)
- The National Air and Space Museum settled a lawsuit with visitors from a Catholic high school who were told to remove their hats emblazoned with anti-abortion messaging. (<u>CNBC</u>)
- Online orders for the first over-the-counter birth control pill began this week. (CNN)

STATE BY STATE Abortion access in the U.S.



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